

St David's Nursing Home

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"Living well every day"

St. David's Newsletter for Family and Friends

Hello, I hope that when you receive this newsletter, you are enjoying the longer spring days.

Provider Development Programme

St. David's has been selected by the Department of Health and Norfolk County Council to participate in a national initiative to develop community based care services to the elderly. Only 10 counties were selected by the Department of Health and only 3 independent care providers in Norfolk were selected. We are very proud to be chosen to participate in developing future services for the care sector in the UK.

Refurbishment of Conservatory Lounge

As mentioned in the last newsletter, the residents' amenities fund received a generous donation from Ron Merrylees' family. The aquarium was one of two projects funded by this donation and it has now been installed and stocked with fish. The aquarium is located in the newly renovated conservatory lounge. You will also notice the new chairs in the conservatory and the reception, so enjoy taking a tea or coffee in the bar area and the new fish on your next visit to St. David's.



Manager – Caroline Whitbread RGN

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Scented Flower Bed

The other project funded by the donation from the Merrylees' family is a raised sensory flower bed. This is now built but we are waiting for warmer weather before it is planted. If you or a family member have a favourite herb or scented plant in your garden and would like a cutting planted in this bed, please let us know.

Reminiscences

The most recent topic in the Reminiscence session was 'Shops and Shopping'. The session was much appreciated as it combined pictures and music all centred on the 'Shopping' theme. The next session is entitled 'That's Entertainment'. Please look at the notice board for more details about these sessions.

Training

In addition to our normal staff, you may notice two new faces. These are students who are studying social care at college and receiving their practical training at St. David's.

Warm wishes,

Caroline Whitbread, RGN
Matron